

Contact Info

905-449-5856 (call or text)
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Philosophy

- I believe in keeping skating fun at all levels from CanSkate to Competitive! Fun, coupled with good technique leads to results, which ignites a passion for skating!
- I believe in goal setting to give the skater a purpose for their passion, and a chance to celebrate all the milestones on their journey to reaching their potential.
- My ultimate goal is to be a good role model and develop a well-rounded athlete and person. On their way to achieving their skating goals, skaters also learn life skills – good work ethic, time management, self esteem, how to handle success and failure, and how to be healthy and active for life! It is an honour for me to be a part of such an incredible process!

Teaching Experience

22 years

Certification

ISPC/Provincial Certified Singles, Dance
NCCP Level 3 Theory, Technical
CanPowerSkate Certified

Info

CEP Gold Status
Bachelor of Science (Mathematics Major) and Bachelor of Administration

Area of Specialization

Free Skate (Spins and Jump Technique), Skills, Dance, Choreography, Music Editing

Personal Skating Credentials

Gold Figures
Gold Freeskate
Gold Skills
Gold Dance
Novice Competitive

Professional Highlights

Have taught Provincial and National level skaters, and had skaters achieve Gold Levels in all disciplines (Skills, Free Skate, Dance and Interpretive), as well as Diamond Dances and competitive tests.

2011 and 2013 Oshawa Skating Club Carnival Director

2012-present Oshawa Canskate Co-Coordinator

2012-present Oshawa Skating Club Coaches Representative

Skate Canada – Northern Ontario Volunteer Coach of the Year - 2005

Northern Ontario Section Coaches Representative 2002-2004

Thunder Country Region Coaches Representative 2000-2002

Team Manager at Trillium STARSkate, Western Challenge and National Championships

Continually upgrading myself by attending various seminars