

## What is the STAR 1-5 Program?

The STAR 1-5 Program helps to fill the gaps in the transition from CanSkate to StarSkate. This program includes Coach evaluated tests up to STAR 5. The club is also excited to be able to provide additional group lessons during regular sessions, particularly at the A and B levels. Skate Canada has found skaters learn better in groups, they tend to have more motivation and have more fun. It is also a plus for parents as it will save you money - more group lessons can give you the option for fewer private lessons. It can also prepare a skater better for independent time, as they can practice together.

## STAR 6-GOLD starts September 1st

To complete the transition Skate Canada has released Equivalency Charts that will be posted for reference as we roll out the new Star 6-GOLD format for our club.

We look forward to a fun year of skating!

## Our Sponsors



## Special Dates...

**First Day of Sessions** – Tuesday, September 3, 2019

### Non Skating Days

- Thursday, September 19
- Sunday, September 22
- Sunday, October 20
- Sunday, November 3
- **Wednesday, November 20 (Test Day)**
- Sunday, December 8
- **Break – December 24 to January 1 (inclusive)**
- **Wednesday, January 22 (Test Day)**
- Sunday February 16
- **Wednesday, March 18 (Test Day)**

**Last Day of Sessions** – Sunday, March 22, 2020

**Carnival Practices** – March 23 to April 3 (inclusive)

**Carnival Ice Show** – Saturday, April 4, 2020



**SKATE ONTARIO**  
SKATECANADA

## OSHAWA SKATING CLUB

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**OSHAWA SKATING CLUB**

*All you need is a pair of skates*



**STARSkate /  
Competitive  
Programs**



# 2019-2020 StarSkate Figure Skating Programs

Programs	Monday Campus Ice Centre	Tuesday Campus Ice Centre	Wednesday Campus Ice Centre	Thursday Delpark Homes Centre	Sunday Campus Ice Centre	Full Membership
<b>Pre-STAR</b> Completed CanSkate Stage 4 badge or be recommended by a coach.	<b>6:15 – 7:05pm</b> *Sessions start Sep30 F: \$231.00 W: \$197.00 FW: \$398.00		<b>5:15 - 6:05pm NEW</b> F: \$265.00 W: \$163.00 FW: \$398.00	<b>5:15 - 6:15pm</b> F: \$265.00 W: \$214.00 FW: \$449.00	<b>11:15am - 12:05pm</b> F: \$214.00 W: \$197.00 FW: \$381.00	
<b>Level A</b> Completed the CanSkate Stage 6 badge.	<b>5:15 - 6:15pm</b> OPEN A-D: \$636.40	<b>5:45 - 6:35pm</b> PLB/A/B: \$550.00	<b>5:15 - 6:05pm</b> PreSTAR/A: \$490.00	<b>5:15 - 6:15pm</b> PreSTAR/A: \$636.40	<b>11:15am - 12:05pm</b> PreSTAR/A: \$470.00	\$2,100.00
<b>Level B</b> Passed <u>all</u> STAR 1 tests, plus one complete STAR 3 test.	<b>5:15 - 6:15pm</b> OPEN A-D: \$636.40	<b>5:45 - 6:35pm</b> PLB/A/B: \$523.00	<b>6:15 – 7:15pm</b> B/C: \$542.80	<b>7:15 - 8:20pm</b> B/C: \$651.25	<b>7:15 - 8:05am</b> B/C: \$397.00	\$2,615.00
<b>Level C</b> Passed the complete STAR 3 Free Skate and complete STAR 4 Skills and Dance.	<b>5:15 - 6:15pm</b> OPEN A-D: \$582.40	<b>6:45 - 8:05pm</b> C/D: \$634.50	<b>6:15 – 7:15pm</b> B/C: \$518.80	<b>7:15 - 8:20pm</b> B/C: \$651.25	<b>7:15 - 8:05am</b> B/C: \$374.00	\$2,615.00
<b>Level D</b> Passed the complete STAR 4 Free Skate, plus one complete STAR 6 (Senior Bronze) test.	<b>5:15 - 6:15pm</b> OPEN A-D: \$582.40	<b>6:45 - 8:05pm</b> C/D: \$634.50	<b>7:05 - 8:05pm</b> D: \$518.80	<b>8:00 - 9:05pm</b> D: \$651.25	<b>9:00 - 10:05am</b> D: \$513.25	\$2,615.00
<b>SKATER DEVELOPMENT</b> (SUN: 45 min on-ice)	This session will be Club Coach instructed and focus on the development of the technical aspects of our sport (jumps, spins, step and choreographic sequences), as well as developing a skater's level of performance.				<b>8:05 - 9:00am</b> B/C/D: \$465.40	
<b>FUNDAMENTALS</b> (SUN: 50 min on-ice)	This session will be Club Coach instructed and will focus on 'the basic turns and edges'. It will also include sessions on stroking technique, dance steps, jump and spin exercises.				<b>12:15 – 1:05pm</b> PreSTAR-D: \$516.00	
<b>OFF ICE TRAINING</b> SUN: 20 sessions (starts Oct 6)	This will focus on stretching, flexibility, and movement. Equipment needed for these sessions - running shoes, workout clothes and yoga mat.				B/C: <b>9:15 - 10:00am</b> \$200.00 PreSTAR/A: <b>10:15 - 11:00am</b> \$200.00 D: <b>11:15 - 12:00pm</b> \$200.00	

**Registration Fees – PreStar / StarSkate:** All registrations are subject to a Club fee of \$127.95 payable once a year in addition to the above pricing. This fee includes Club Admin, Skate Canada Registration, Safe Sport, and Fundraising. The Fundraising fee is for a booklet of Ontario Skaters' Promotional Contest raffle tickets worth \$40, which you can sell to recoup the cost. OSC reserves the right to change prices or schedules without notice. Ice cancellations due to arena unavailability, weather, or unforeseen issues are not the responsibility of our Club.

## ABOUT OUR PROGRAMS

Our Figure Skating programs continue to work within Canada's LTAD (Long Term Athlete Development) program. In addition to regular sessions, group lessons, extra skater development, and off ice training are offered.

Figure skates are required for all sessions in order to gain the best results and experience.

A private coach is strongly recommended.

## Full Memberships

A full membership gives your skater access to all sessions available for their level. This includes all Club provided lessons and ice time, as well as Skater Development, Fundamentals and Off Ice. A full membership does not include your skater's private coach - this is an agreement between you and your coach and is in addition to the club fees. Please let your private coach know if you can or cannot make a session so our Club can prepare appropriately.

## Questions?

[registrar@oshawaskating.com](mailto:registrar@oshawaskating.com)  
[programs@oshawaskating.com](mailto:programs@oshawaskating.com)

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