

What does my child need to wear?

A very common question - Let us help...

1. We recommend dressing in layers in comfortable and warm clothes. Skaters need to be able to move and get up when they fall. Splash pants over fleece or jogging pants are recommended. Mittens or gloves are mandatory (hockey gloves are not advised).
2. A CSA approved hockey helmet is mandatory until a skater completes the Stage 5 badge. Facemasks recommended for beginners.
3. Skates: hockey skates or figure skates. It is advised that they learn in the skates they will be skating in later. Plastic/molded skates are not recommended – they are hard for the little skaters to learn to bend their ankles while skating.

Additional Information...

Our CanSkate program works within the Long-Term Athlete Development Program, teaching balance, agility, and control. Our programs are run by NCCP Certified Coaches and Program Assistants. It is a fun and energetic environment with exciting teaching aids and rewards.

We have many programs to help your skater advance in any and all sports, on and off the ice.

Our Sponsors



Special Dates...

Start & End Dates

Pre-CanSkate

- Thursday - **FALL:** October 3 - December 19
- **WINTER:** January 2 - March 19
Sunday - **FALL:** October 6 - December 22
- **WINTER:** January 5 - March 22

CanSkate

- Monday - **FALL:** September 30 - December 23
- **WINTER:** January 6 - March 16
Thursday - **FALL:** October 3 - December 19
- **WINTER:** January 2 - March 19
Sunday - **FALL:** October 6 - December 22
- **WINTER:** January 5 - March 22

Hockey Skills / ADULT Learn to Skate

- Monday - **FALL:** September 30 - December 23
- **WINTER:** January 6 - March 16

Pre-STARSkate

- Monday* - **FALL:** September 30 - December 23
- **WINTER:** January 6 - March 16
Wednesday - **FALL:** September 4 - December 18
- **WINTER:** January 8 - March 18
Thursday - **FALL:** September 5 - December 19
- **WINTER:** January 2 - March 19
Sunday - **FALL:** September 8 - December 22
- **WINTER:** January 5 - March 22

Non Skating Days

- Sunday, October 20
- Sunday, November 3
- Sunday, December 8
- **BREAK:** December 24, 2019 to January 1, 2020 (inclusive)
- Sunday, February 16

Carnival Practices – March 23 to April 3

Carnival Ice Show – Saturday, April 4, 2020



OSHAWA SKATING CLUB

Ritson Centre, P.O. Box 82516
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canskate@oshawaskating.com

www.oshawaskating.com



OSHAWA SKATING CLUB

All you need is a pair of skates



CanSkate Learn to Skate Programs





2019-2020 CanSkate Learn to Skate Programs

Questions?

registrar@oshawaskating.com

canskate@oshawaskating.com

www.oshawaskating.com

PROGRAM DESCRIPTIONS

Pre-CanSkate is our program for 2 (as of July1) and 3-year olds. The focus of Pre-CanSkate is to get skaters comfortable on the ice using toys and games.

CanSkate is our program for skaters who are 4 years of age and older OR who have completed the Pre-CanSkate program. This is a Learn to Skate program for all ages and abilities. It will prepare skaters for all ice sports – figure skating, hockey, ringette and speed skating.

Hockey Skills is our CanSkate program with a focus on the skills required for hockey – edges, crossovers and advanced stops are some of the skills covered. Skaters must have completed CanSkate Stage 4 or be recommended by a coach to qualify.

Adult Learn to Skate is our Learn to Skate program for Adults wishing to learn to skate or improve the skills they already have. Adult Learn to Skate will run in conjunction with our Monday CanSkate program. A minimum of 3 participants will be required.

Programs	Monday Campus Ice Centre	Wednesday Campus Ice Centre	Thursday Delpark Homes Centre	Sunday Campus Ice Centre
Pre-CanSkate			1/ 6:10 - 6:40pm 2/ 6:35 - 7:05pm Fall - \$228.20 Winter - \$228.20 F&W - \$382.75	1/ 10:10 - 10:40am 2/ 10:35 - 11:05am Fall - \$190.10 Winter - \$215.50 F&W - \$331.95
CanSkate *Monday prerequisite to register - complete Level 1 badge	6:15 - 7:05pm* Fall - \$296.80 Winter - \$262.80 F&W - \$485.95	PLB Private Lessons for Beginners Tuesday 5:45 - 6:35pm Fall - \$204.00 Winter - \$187.00 Full Year - \$439.00 (Full year is Sept-Mar)	6:15 - 7:05pm Fall - \$279.80 Winter - \$279.80 F&W - \$485.95	1/ 10:15 - 11:05am 2/ 1:15 - 2:05pm Fall - \$228.80 Winter - \$262.80 F&W - \$417.95
Hockey Skills	6:15 - 7:05pm Fall - \$296.80 Winter - \$262.80 F&W - \$485.95			
ADULT	6:15 - 7:05pm Fall - \$296.80 Winter - \$262.80 F&W - \$485.95			
Pre-STARSkate **Wed, Thurs, Sun, Fundamentals sessions begin in September; Mon sessions start Oct7; Off-ice start Oct6.	6:15 - 7:05pm Fall - \$231.00 Winter - \$197.00 F&W - \$398.00	5:15 - 6:05pm** Fall - \$265.00 Winter - \$163.00 F&W - \$398.00	5:15 - 6:15pm** Fall - \$265.00 Winter - \$214.00 F&W - \$449.00	11:15am-12:05pm** Fall - \$214.00 Winter - \$197.00 F&W - \$381.00
	Off-Ice Training Sunday 10:15-11:00am ** F&W - \$200.00 This session for Pre-Star/A skaters will focus on stretching, flexibility, and movement. Bring running shoes, workout clothes and yoga mat.		Fundamentals Sunday 12:15-1:05pm ** F&W - \$516.00 This session for Pre-Star and above skaters will be Coach instructed and will focus on 'the basic turns and edges'.	

Pre-StarSkate is our Learn to Figure Skate program. Skaters continue to complete their CanSkate badges, while being introduced to basic spins and jumps. Skaters must have completed their Stage 4 badge or be recommended by a coach to qualify. Figure skates are mandatory for best results.

PLB is our Private Lessons for Beginners program. This session is for skaters who wish to receive private lessons to complement their skating program. Registration is only available in conjunction with another Learn to Skate program. A private coach is required and can be selected from our list of Club Coaches on our website. Lesson fees are in addition to Club membership fees and are paid directly to the coach.

REGISTRATION FEES - Learn to Skate

Included in above pricing (PreStar note-fees are separate):

- Skate Canada fee (\$40), athlete insurance covers the full season (September 1-August 31)
 - Safe Sport fee (\$3.65)
 - Club Admin fee (\$44.30), charged based on session length.
- Charged separately:**
- Fundraising fee (\$40) added to all memberships (not charged for Pre-CanSkate); for the Ontario Skaters' Promotional Contest booklets. Your \$40 can be recouped by selling 20 raffle tickets for \$2 each.

OSC reserves the right to change prices or schedules without notice. Ice cancellations due to arena unavailability, weather, or unforeseen issues are not the responsibility of our Club.