



# 2019-2020 Fall Winter

(Sessions subject to change)



**SKATE ONTARIO**  
SKATECANADA

SESSION / DAY	SUNDAY Campus Ice	MONDAY Campus Ice	TUESDAY Campus Ice	WEDNESDAY Campus Ice	THURSDAY Delpark Homes Centre
<b>Pre-CanSkate</b> For 2-3 year olds as of July 1, 2019	1) 10:10 - 10:40 am* 2) 10:35 - 11:05 am*				3) 6:10 - 6:40 pm* 4) 6:35 - 7:05 pm*
<b>CanSkate</b> Ages 4 and up	10:15 - 11:05 am* 1:15 - 2:05 pm*	6:15 - 7:05 pm* (must have passed Stage 1 badge)			6:15 - 7:05 pm*
<b>Pre-STAR</b> Passed CanSkate Stage 4 or Coach recommendation	11:15 am - 12:05 pm	6:15 - 7:05 pm*		5:15 - 6:05 pm <b>New!</b>	5:15 - 6:05 pm
<b>Learn to Skate for Hockey</b> Passed CanSkate Stage 4 or Coach recommendation		6:15 - 7:05 pm*			
<b>Adult Learn to Skate</b>		6:15 - 7:05 pm*			
<b>StarSkate A</b> Passed CanSkate Stage 6	11:15 am - 12:05 pm (30 min lesson incl)	5:15 - 6:15 pm (30 min lesson incl)	5:45 - 6:35 pm (30 min lesson incl)	5:15 - 6:05 pm (30 min lesson incl)	5:15 - 6:15 pm (30 min lesson incl)
<b>StarSkate B</b> Passed all STAR 1 tests plus 1 complete STAR 3 test	7:15 - 8:05 am (20 min lesson incl)	5:15 - 6:15 pm (30 min lesson incl)	5:45 - 6:35 pm (20 min lesson incl)	6:15 - 7:15 pm (20 min lesson incl)	7:15 - 8:20 pm (20 min lesson incl)
<b>StarSkate C</b> Passed complete STAR 3 Free Skate and STAR 4 Skills and Dance tests	7:15 - 8:05 am (10 min lesson incl)	5:15 - 6:15 pm (10 min lesson incl)	6:45 - 8:05 pm (10 min lesson incl)	6:15 - 7:15 pm (10 min lesson incl)	7:15 - 8:20 pm (20 min lesson incl)
<b>StarSkate D</b> Passed complete STAR 4 Free Skate and 1 complete STAR 6 (Senior Bronze) test	9:00 - 10:05 am (10 min lesson incl)	5:15 - 6:15 pm (10 min lesson incl)	6:45 - 8:05 pm (10 min lesson incl)	7:05 - 8:05 pm (10 min lesson incl)	8:00 - 9:05 pm (20 min lesson incl)
<b>Private Lessons for Beginners (PLB)</b> In conjunction with CanSkate or Pre-STAR			5:45-6:35 pm		
<b>Skater Development</b> BCD Skaters only	8:05 - 9:00 am (45 min on ice lesson)		StarSkate season starts <b>September 3, 2019</b> *Learn to Skate programs start <b>September 30, 2019</b>  <b>Questions?</b> Contact <a href="mailto:programs@oshawaskating.com">programs@oshawaskating.com</a> or <a href="mailto:canskate@oshawaskating.com">canskate@oshawaskating.com</a>		
<b>Fundamentals</b> Pre-Star to D Skaters	12:15 - 1:05 pm (50 min on ice lesson)				
<b>Off-Ice Training</b> (starts October 6, 2019)	9:15 - 10:00 B/C 10:15 - 11:00 A/Pre-Star 11:15 - 12:00 D				

Visit [www.oshawaskating.com](http://www.oshawaskating.com) for more information and to register.